## "To Health, Long Life & Pleasures! " Show

Hosted by Lillian Zeltser

## "Hathor"

## Eastern Recipe for Sensual Bliss

The following recipe comes from an Egyptian woman named Sausan Ali, who teaches unmarried young ladies about the Art of Sexual Ecstasy. She mentioned that for many generations, all women on her mother's side have been practicing and teaching the sacred lovemaking and sensuality-awakening techniques for centuries. She believes that the art of sensuality is the best way to secure a strong and lasting relationship because it focuses on mutual sensual fulfillment and bliss for both partners.

I will not go into details about what it felt like for my husband and me, but I will say that its magic works!

## Ingredients:

Cubeb Pepper Grinded -a small pinch Desert Honey – ½ teaspoon Almond Oil – ½ teaspoon

Combine all ingredients into a paste. Apply a small amount of the paste to the outer part of the genitals before meeting someone special or before engaging in lovemaking. Enjoy the Eastern Sensual Bliss!



For more fun, tips, amazing recipes, and information about traditional Eastern sensual enhancers, like the powdered nose of the Nile alligator, desert honey bees, dates, pomegranate, sour donkey milk, cochineal bugs, or wild radishes, etc. check my "Aphrodisiac Adventures" book series.

https://www.amazon.com/Aphrodisiac-Adventures-Lillian-Zeltser/dp/0648804631

Disclaimer: While most of the recipes in our show have been personally tested by the host or other people, the host does not take any responsibility for any reaction or impact on any individual. The information is based on the author's personal point of view and is intended for entertainment purposes only. Please consult a qualified healthcare practitioner before using any recipes or advice.