## "To Health, Long Life & Pleasures! " Show

Hosted by Lillian Zeltser

## Ceremonial Psychedelic of Madagascar

This is a story about my firsthand experience of the Ceremonial African Psychedelic made from the seeds of the Voacanga tree, an experience that changed my life.

Some 25 years ago, while researching local natural stimulants in Madagascar, I was offered to experience a legal local psychedelic that for hundreds of years was used in certain magic healing rituals, safely and effectively. I was very keen to experience it, but while I relied on the professionalism of the local spiritualist - Liam Noah, I was still incredibly nervous about the effect of this drug on my mind.

I want to start with a warning: describing what it's like when you take psychedelic substances is always difficult... however, this experience was so far one of the most genuine I've ever had. Unless you've had your own experience with a similar psychedelic, let me tell you... you have no reference point for understanding what it's truly like.

I do not have an exact recipe for this ceremonial potion, but I was told that it consists of just three ingredients: water, Harmala (African Rue), and Voacanga tree seeds.

The experience was one of the most meaningful of my life...With tribal background music, dance, and an aromatic drink, I felt as if I was shot into space. What initially overwhelmed me was the brightness of the colors and an incredible sense of me being the universe - everything is within me and I'm in everything... Yes, this is difficult to describe! It was magic... all boundaries dissolved, leaving only the magnificence of the planet, the plants, the animals, and an indescribable sense of oneness, connection, air, and love.

These realizations were not only profound for me but left a lasting integrative life-changing impression. I am not a neurologist, but I can attest that this experience has somehow rewired my brain, as afterward I

Disclaimer: While most of the recipes in our show have been personally tested by the host or other people, the host does not take any responsibility for any reaction or impact on any individual. The information is based on the author's personal point of view and is intended for entertainment purposes only. Please consult a qualified healthcare practitioner before using any recipes or advice.

## began discovering new and more enjoyable pleasures in life that were unknown to me before.

## Want to Learn More About Natural Stimulants and Effective Recipes:

Book: <a href="https://www.amazon.com.au/Aphrodisiac-Adventures-Using-Understanding-Aphrodisiacs-ebook/dp/B08N627J8T/ref=sr">https://www.amazon.com.au/Aphrodisiac-Adventures-Using-Understanding-Aphrodisiacs-ebook/dp/B08N627J8T/ref=sr</a> 1 1?crid=2DPP1BKLBAFL2&dib=eyJ2ljoiMSJ9.7eS4ffJ8fPbiDvghWv3LbeUEFO5OZkYProjkeM</a> rLeDXGjHj071QN20LucGBJIEps.OowATueOjlKwK6RGlMaq tBWkOvQf4uXNicvUs eYVU&dib tag=se&keywords=aphrodisiac+adventures&qid=1731888103&s=digital-text&sprefix=aphrodisiac+adve%2Cdigital-text%2C475&sr=1-1

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